



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

**hach, brigitte**

Club: wt-soest

Number: 1146

Course: 19.50 km

Walking 20 km

Total time: 2:33:20

Speed: 7.43 km/h

metres in height up: 100

Course score: 20.50

performance score: 160 Points