



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Bludom, Betty

Club: LG Halver-Schalksmühle

Number: 1175

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:35:18

Speed: 7.34 km/h

metres in height up: 100

Course score: 20.50

performance score: 158 Points