



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Beisch, Birgit

Club: Koronarsportverein Distel-Walker

Number: 1200

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:35:21

Speed: 7.34 km/h

metres in height up: 100

Course score: 20.50

performance score: 158 Points