



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

wahl, günter

Club: wt-soest

Number: 1166

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:36:00

Speed: 7.31 km/h

metres in height up: 100

Course score: 20.50

performance score: 158 Points