



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Papenkordt, Rainer

Club: WKA

Number: 1206

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:36:09

Speed: 7.49 km/h

metres in height up: 100

Course score: 20.50

performance score: 157 Points