



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Krombholz, Jörg

Club: Koronarsportverein Distel-Walker

Number: 1157

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:37:11

Speed: 7.25 km/h

metres in height up: 100

Course score: 20.50

performance score: 156 Points