



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Dreßen, Joachim

Club: Escargots Bochum

Number: 1192

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:41:44

Speed: 7.05 km/h

metres in height up: 100

Course score: 20.50

performance score: 152 Points