



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

**Vogeler, Rolf**

Club: Escargots Bochum

Number: 1205

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:46:21

Speed: 7.03 km/h

metres in height up: 100

Course score: 20.50

performance score: 148 Points