



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Maximowitz, Karin

Club: LG Halver-Schalksmühle

Number: 1176

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:46:36

Speed: 6.84 km/h

metres in height up: 100

Course score: 20.50

performance score: 147 Points