



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

schüngel, monika

Club: wt-soest

Number: 1182

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:49:18

Speed: 6.91 km/h

metres in height up: 100

Course score: 20.50

performance score: 145 Points