



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Bönte, Thomas

Club: PSV Bottrop

Number: 1153

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:49:35

Speed: 6.72 km/h

metres in height up: 100

Course score: 20.50

performance score: 145 Points