



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

Rübig, Christian

Club: Gesundheitssport Schoppe Kassel

Number: 512

Course: 4.50 km

Nordic Walking 5 km

Total time: 37:42

Speed: 6.37 km/h

metres in height up: 35

Course score: 4.53

performance score: 36 Points