



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

**Graw, Daniel**

Club: Westfalia Herne

Number: 1114

Course: 19.50 km

Walking 20 km

Total time: 2:07:53

Speed: 8.91 km/h

metres in height up: 100

Course score: 20.50

performance score: 192 Points