



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Stephan, Elke

Club: Walkingtreff Mönnesee

Number: 893

Course: 9.50 km

Walking 10 km

Total time: 57:02

Speed: 9.99 km/h

metres in height up: 50

Course score: 9.75

performance score: 102 Points