



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

Kohaupt-Wiegartz, Frank

Club: Warburg

Number: 497

Course: 4.50 km

Walking 5 km

Total time: 38:49

Speed: 6.96 km/h

metres in height up: 35

Course score: 4.53

performance score: 35 Points