



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Weygardt, Martina

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 490

Course: 4.50 km

Nordic Walking 5 km

Total time: 38:54

Speed: 6.94 km/h

metres in height up: 35

Course score: 4.53

performance score: 35 Points