



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Selzer, Klaus

Club: Stadt Bochum Walking-Team

Number: 488

Course: 4.50 km

Nordic Walking 5 km

Total time: 39:09

Speed: 6.13 km/h

metres in height up: 35

Course score: 4.53

performance score: 35 Points