



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Galda, Torsten

Club: LSF-Unna-2000

Number: 838

Course: 9.50 km

Walking 10 km

Total time: 1:09:51

Speed: 7.73 km/h

metres in height up: 50

Course score: 9.75

performance score: 84 Points