



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Gruttman, Albert

Club: Walkingtreff-Möhnesee

Number: 500

Course: 4.50 km

Walking 5 km

Total time: 40:00

Speed: 6.00 km/h

metres in height up: 35

Course score: 4.53

performance score: 34 Points