



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Rausch, Beate

Club: Gesundheitssport Schoppe Kassel

Number: 514

Course: 4.50 km

Nordic Walking 5 km

Total time: 40:13

Speed: 6.71 km/h

metres in height up: 35

Course score: 4.53

performance score: 34 Points