



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Abt, Michael

Club: TBS-Herne

Number: 489

Course: 4.50 km

Nordic Walking 5 km

Total time: 42:28

Speed: 5.65 km/h

metres in height up: 35

Course score: 4.53

performance score: 32 Points