



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

Zickau, Manfred

Club: Walkingtreff Möhnesee

Number: 895

Course: 9.50 km

Walking 10 km

Total time: 1:02:17

Speed: 9.15 km/h

metres in height up: 50

Course score: 9.75

performance score: 94 Points