



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Rowles, Conny

Club: Sportgruppe Langenthal

Number: 518

Course: 4.50 km

Nordic Walking 5 km

Total time: 44:14

Speed: 5.43 km/h

metres in height up: 35

Course score: 4.53

performance score: 31 Points