



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Drees, Günter

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 1120

Course: 19.50 km

Walking 20 km

Total time: 2:14:29

Speed: 8.48 km/h

metres in height up: 100

Course score: 20.50

performance score: 183 Points