



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Abt, Birgit

Club: TBS-Herne

Number: 866

Course: 9.50 km

Nordic Walking 10 km

Total time: 1:14:30

Speed: 7.25 km/h

metres in height up: 50

Course score: 9.75

performance score: 78 Points