



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Arnold-Klatt, Manuela

Club: BTC-Herne

Number: 1144

Course: 19.50 km

Walking 20 km

Total time: 2:14:56

Speed: 8.67 km/h

metres in height up: 100

Course score: 20.50

performance score: 182 Points