



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

Heywinkel, Teresa

Club: BSV Stadtwerke Bielefeld

Number: 859

Course: 9.50 km

Nordic Walking 10 km

Total time: 1:15:15

Speed: 7.18 km/h

metres in height up: 50

Course score: 9.75

performance score: 78 Points