



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Gallwitz, Manfred

Club: TBS-Herne

Number: 1165

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:15:23

Speed: 8.42 km/h

metres in height up: 100

Course score: 20.50

performance score: 181 Points