



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Rolwes, Bernd

Club: Sportgruppe Langenthal

Number: 519

Course: 4.50 km

Nordic Walking 5 km

Total time: 45:34

Speed: 5.27 km/h

metres in height up: 35

Course score: 4.53

performance score: 30 Points