



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

jander, margrit

Club: wt-soest

Number: 867

Course: 9.50 km

Nordic Walking 10 km

Total time: 1:16:29

Speed: 7.45 km/h

metres in height up: 50

Course score: 9.75

performance score: 76 Points