



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Grenzow, Christel

Club: LuW Weddinghofen

Number: 848

Course: 9.50 km

Walking 10 km

Total time: 1:16:32

Speed: 7.45 km/h

metres in height up: 50

Course score: 9.75

performance score: 76 Points