



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

**Plessner, Clemens**

Club: Walkingtreff Mönnesee  
Number: 894

Course: 9.50 km

Walking 10 km

Total time: 1:03:42

Speed: 8.95 km/h

metres in height up: 50

Course score: 9.75

performance score: 92 Points