



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

fahrenholt, inge

Club: wt-soest

Number: 873

Course: 9.50 km

Nordic Walking 10 km

Total time: 1:18:04

Speed: 7.30 km/h

metres in height up: 50

Course score: 9.75

performance score: 75 Points