



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Rickhoff, Annette

Club: T.V. Friesen Telgte

Number: 1215

Course: 9.50 km

Walking 10 km

Total time: 1:18:11

Speed: 6.91 km/h

metres in height up: 50

Course score: 9.75

performance score: 75 Points