



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Stedefeld, Rick

Club: GS Großengottern  
Number: 2648

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 7:23

Speed: 13.81 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 68 (of 426)

Rank in course/Men: 46 (of 240)

Best time in course: 5:59

Rank in category: 11(of 130)

Best time in the category: 6:28