



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Hegeholz, Florian

Club: GS Martini  
Number: 788

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 10:06

Speed: 10.10 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 308 (of 426)

Rank in course/Men: 189 (of 240)

Best time in course: 5:59

Rank in category: 86(of 130)

Best time in the category: 6:28