



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Haake, Benjamin

Club: GS Martini  
Number: 786

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 10:54

Speed: 5.50 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 348 (of 426)

Rank in course/Men: 208 (of 240)

Best time in course: 5:59

Rank in category: 103(of 130)

Best time in the category: 6:28