



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

**Sehrig, Delia**

Club: GS Margaretenschule  
Number: 761

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 11:28

Speed: 8.90 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 368 (of 426)  
Rank in course/Women: 149 (of 186)  
Best time in course: 6:14

Rank in category: 79(of 107)  
Best time in the category: 6:43