



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Rellig, Lisa-Marie

Club: Vogteischule Oberdorla  
Number: 2574

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 12:19

Speed: 4.87 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 397 (of 426)  
Rank in course/Women: 167 (of 186)  
Best time in course: 6:14

Rank in category: 94(of 107)  
Best time in the category: 6:43