



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Benedix, Karl

Club: GS Martini
Number: 776

Course: 1.70 km
Schülerlauf

Category:
männliche Schüler D

Total time: 14:10

Speed: 4.24 km/h
Running performance: 8:20 min/km

Rank in course/Total: 416 (of 426)

Rank in course/Men: 237 (of 240)

Best time in course: 5:59

Rank in category: 129(of 130)

Best time in the category: 6:28