



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Mulsow, Lucas

Club: ESC Erfurt
Number: 580

Course: 1.70 km
Schülerlauf

Category:
männliche Schüler C

Total time: 6:23

Speed: 9.40 km/h
Running performance: 3:45 min/km

Rank in course/Total: 10 (of 426)

Rank in course/Men: 8 (of 240)

Best time in course: 5:59

Rank in category: 3(of 76)

Best time in the category: 6:11