



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Fritzlar, Paula

Club: Creaton Großengottern  
Number: 575

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler C

Total time: 7:00

Speed: 14.57 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 40 (of 426)  
Rank in course/Women: 12 (of 186)

Best time in course: 6:14

Rank in category: 6(of 61)

Best time in the category: 6:14