



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Nguyen, Viet Trung

Club: GS Margaretenschule  
Number: 749

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler C

Total time: 7:03

Speed: 8.51 km/h  
Running performance: 4:09 min/km

Rank in course/Total: 44 (of 426)

Rank in course/Men: 30 (of 240)

Best time in course: 5:59

Rank in category: 13(of 76)

Best time in the category: 6:11