



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Ellerich, Lena

Club: GS Heyerode
Number: 676

Course: 1.70 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 24:26

Speed: 4.17 km/h
Running performance: 14:22 min/km

Rank in course/Total: 418 (of 426)
Rank in course/Women: 181 (of 186)
Best time in course: 6:14

Rank in category: 106(of 107)
Best time in the category: 6:43