



13. Mühlhäuser Altstadtlauf
Mühlhausen / 05.09.2009

Detailed evaluation

Mainzer, Benedikt

Club: GS Heyerode
Number: 700

Course: 1.70 km
Schülerlauf

Category:
männliche Schüler C

Total time: 8:12

Speed: 7.32 km/h
Running performance: 4:49 min/km

Rank in course/Total: 157 (of 426)

Rank in course/Men: 115 (of 240)

Best time in course: 5:59

Rank in category: 50(of 76)

Best time in the category: 6:11