



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Köppe, Jan

Club: Sparkasse Unstrut-Hainich  
Number: 1269

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 17:50

Speed: 16.82 km/h  
Running performance: 3:34 min/km

Rank in course/Total: 2 (of 112)

Rank in course/Men: 2 (of 76)

Best time in course: 16:48

Rank in category: 2(of 58)

Best time in the category: 16:48