



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Barf, Holer

Club: SV 1899 Mühlhausen  
Number: 1316

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 18:42

Speed: 16.04 km/h  
Running performance: 3:44 min/km

Rank in course/Total: 6 (of 112)

Rank in course/Men: 6 (of 76)

Best time in course: 16:48

Rank in category: 4(of 58)

Best time in the category: 16:48