



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Müller, Christoph

Club: ESC Erfurt  
Number: 1205

Course: 5.00 km  
5 km-Lauf

Category:  
Schüler

Total time: 21:17

Speed: 14.10 km/h  
Running performance: 4:16 min/km

Rank in course/Total: 19 (of 112)

Rank in course/Men: 16 (of 76)

Best time in course: 16:48

Rank in category: 5(of 13)

Best time in the category: 18:14