



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Eckhardt, Frank

Club: KERU - Fitness & Aerobic  
Number: 1232

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 21:49

Speed: 13.75 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 24 (of 112)

Rank in course/Men: 21 (of 76)

Best time in course: 16:48

Rank in category: 13(of 58)

Best time in the category: 16:48