



13. Mühlhäuser Altstadtlauf  
Mühlhausen / 05.09.2009

Detailed evaluation

Gregorius, Alice

Club: Uder

Number: 1306

Course: 5.00 km

5 km-Lauf

Category:

Frauen

Total time: 23:59

Speed: 12.51 km/h

Running performance: 4:48 min/km

Rank in course/Total: 41 (of 112)

Rank in course/Women: 8 (of 36)

Best time in course: 20:39

Rank in category: 1(of 24)

Best time in the category: 23:59